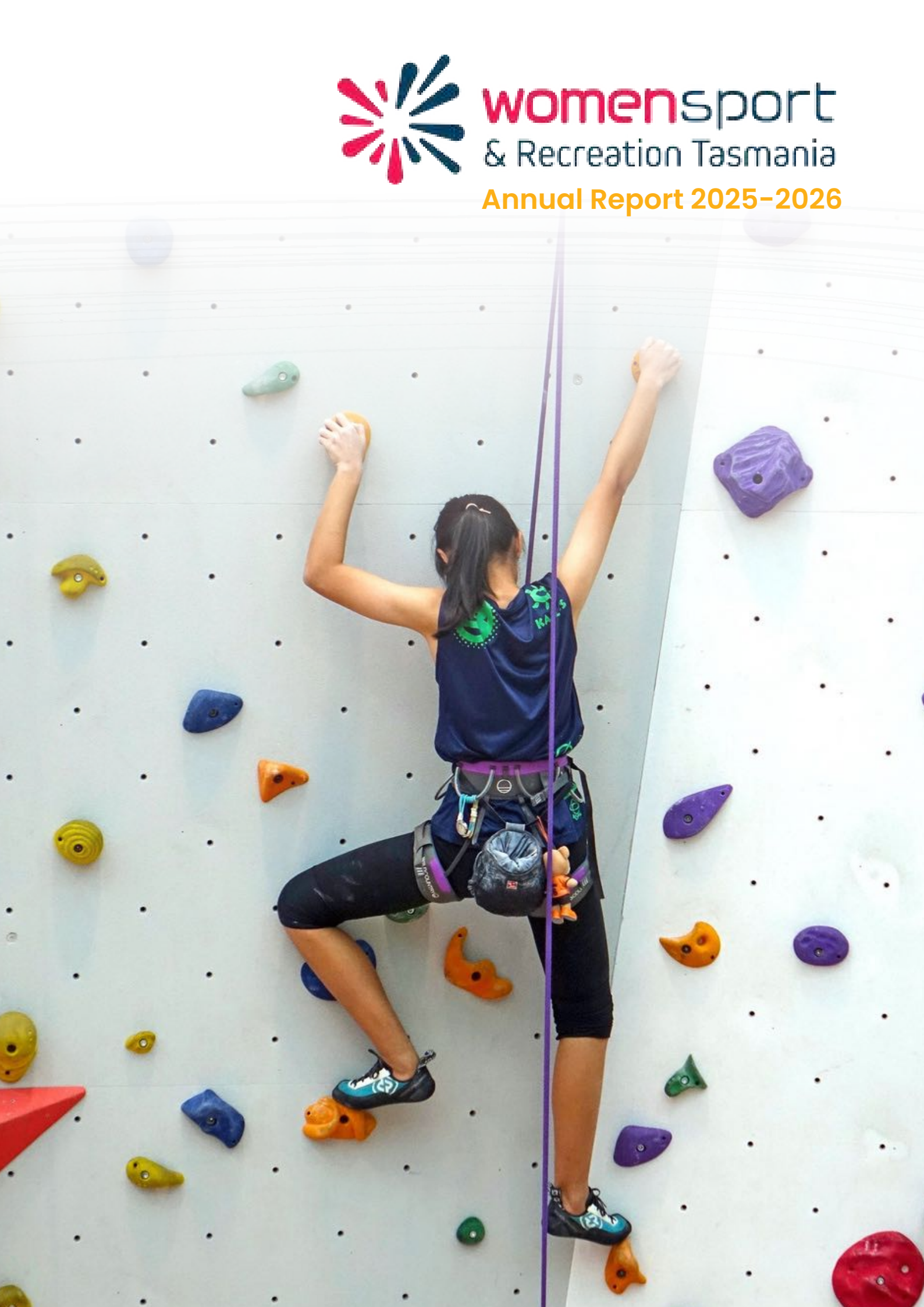
womensport & Recreation Tasmania

Annual Report 2025-2026





About WSRT

Womensport and Recreation Tasmania (WSRT) is Tasmania's peak independent body for women and girls in sport and active recreation. We advocate, connect and create opportunities so women and girls can participate, lead and thrive.

At the heart of our work is a commitment to driving cultural change and creating a more inclusive and equitable sport and recreation sector, where all Tasmanian women and girls have the opportunity to fulfil their potential.

Our history and experience show that when women and girls are supported to participate and lead, the benefits extend well beyond sport – contributing to stronger health, social and economic outcomes across the Tasmanian community.

Working alongside communities, clubs and organisations, we turn this commitment into meaningful action through four focus areas: Participation, Leadership, Advocacy and Resources.

Vision

That female partiicipation and contribution are equally valued in sport and recreation to the benefit of all Tasmanians.

Mission

To provide leadership opportunities, and advocacy to progress females in all areas of sport and recreation in Tasmania.



Our team



JO BAILEY
President & Chair



SARAH GILLMAN
Vice-President & Secretary



DANA FALETIC
Treasurer



JANELLE SMITH
Board Member



WENONAH SHARMAN
Board Member



CHRISSY TADROS
Board Member



PHILIPPA BOWMAN
WSRT Project Officer



LISE ROBERTSON
GAP Officer

President's welcome

The 2025-26 year has been one of momentum for Womensport & Recreation Tasmania - strengthening our organisation, growing our connections and creating new opportunities to support women and girls across Tasmania's sport and recreation sector.

We began the year with an important step for WSRT: welcoming our new Project Officer, Philippa Bowman. Having a dedicated resource has significantly increased our capacity to connect with the sector, strengthen our advocacy and leadership work, develop new initiatives and communicate more consistently about the issues and opportunities that matter for women and girls.

CONNECTING PEOPLE

Throughout the year, we have continued to bring people together. From an inspiring long-table lunch with Olympic champion Ariarne Titmus, to our Women in Sport Leadership networking event and another wonderful International Women's Day School Girls Brunch, we have created opportunities for people at different stages of their sporting and leadership journeys to connect, learn and share experiences.

SHARING STORIES & INFORMATION

We have also found new ways to extend that connection beyond the room. Our Winter Webinar Series and There She Is... podcast have enabled us to share the voices, expertise and experiences of women from Tasmania, interstate and around the world.

Our new website and growing Resource Hub are creating a home for information, ideas and practical resources that can support the sector well beyond any single event or program.

WELCOMING A NEW STRATEGY

One of the most significant moments of the year was the launch of the **Tasmanian Government's Women and Girls in Sport Strategy**. WSRT was proud to contribute to its development and to work alongside Active Tasmania throughout the process. We thank everyone across the Tasmanian sporting community who contributed through workshops, consultation and feedback.

The Strategy represents an important opportunity. There is still much to do to achieve genuine equity for women and girls in sport and recreation, but there is also a growing collective commitment to making that change happen.

WSRT is pleased to be part of the Strategy's Advisory Committee and looks forward to helping turn its ambitions into meaningful action.



Alongside this broader advocacy, our established programs have continued to grow. The Get Active Program remains a cornerstone of our work with 20 programs delivered across the state, while our scholarships are helping women develop as leaders and coaches.

We have also continued to advocate for practical changes that make participation and volunteering more accessible.

THANK YOU

Importantly, our own WSRT community continues to grow. Thank you to the State Sporting Organisations, clubs, organisations and individuals who have joined or renewed their membership this year.

Your membership is more than support for WSRT – it demonstrates a shared commitment to creating a sporting system in which women and girls have every opportunity to participate, lead and belong.

We are equally grateful to our funding partners - Active Tasmania and Public Health Services, both from the Tasmanian Government - as well as our sponsors and corporate partners, whose support allows us to extend our reach and create more opportunities for women and girls across Tasmania.

Finally, thank you to our WSRT team for the energy, expertise and commitment they have brought to WSRT throughout the year.

There is real momentum around women and girls in sport in Tasmania. Our role now is to build on it – to keep connecting people, asking important questions, advocating for change and creating opportunities for more women and girls to participate and lead.

Because when women and girls have greater opportunities in sport and recreation, the whole Tasmanian sporting community is stronger.

Jo

Jo Bailey
President & Chair
Womensport & Recreation Tasmania



There She Is... A WSRT Podcast

In April 2026, WSRT launched a new way to share the stories, experiences and ideas shaping women and girls in sport: **There She Is... A WSRT Podcast.**

The first episode saw WSRT Project Officer Philippa Bowman sit down with Emma Doherty, Wellbeing, Culture and Inclusion Manager with the Tasmania Football Club. By the end of the financial year, **14 episodes** had been released, featuring a diverse range of guests and perspectives from across sport.



At its heart, There She Is... is about visibility and conversation. It explores the experiences of women and girls across every level of sport – from participation and community clubs to leadership and professional sport – while also bringing in the voices of people working to create positive change.

The conversations are candid, powerful and insightful. Guests share their personal experiences, including the highs and lows, the barriers they have encountered, what has motivated them to keep going, and the lessons they have learned along the way.

They also share their ideas and vision for how we can get more women and girls involved in sport – and, importantly, keep them there.

EXTENDING OUR REACH

The podcast has also created a new way for WSRT to reach audiences through digital and social media, with episode previews and highlights generating significant engagement.

A standout was our conversation with Professor Philip Morgan about the power of dads in keeping girls in sport. An Instagram preview from the episode reached an extraordinary **163,000 views and 6,000 interactions,** demonstrating the appetite for practical, relatable conversations about the factors that influence girls' participation in sport.

There She Is... A WSRT Podcast continues in 2026–27, with more voices, experiences and ideas to share.

THERE SHE IS... OUR GUESTS

Emma Doherty, Tasmania Football Club
Maddi Brooks - Olympian (Hockey)
Kayla Steindl - Tasmania Jewels
Roxy Perry - Rock It Climbing
Karen Wills - Taroona Football Club
Peta Titter - Womens Health Education Network
Catherine Graue - Trail Ventures
Lauren Jauncey - Tasmanian Football Club
Chelsea Wing - Football Tas, Head Academy Coach
Ella Marshall - Para Rowing, National Program
Nicola Hughes - The Swag Family
Dr Zali Yager - The Embrace Collective
Prof Philip Morgan - Daughters & Dads
Prof Margot Mountjoy - McMaster University, Canada

Listen in – you'll learn, you'll be entertained and you'll be inspired.



Lunch. Listen. Learn. Webinars

In 2026, WSRT introduced its first Winter Webinar Series – six lunchtime conversations designed to inform, challenge and inspire, and perfectly timed for participants to **lunch, listen and learn.** The series brought together athletes, coaches, administrators, and sporting leaders to explore issues, opportunities and ideas shaping the experiences of women and girls in sport.

Together, the six webinars created conversations that were practical, thought-provoking and relevant – providing ideas and insights that participants could take back into their own clubs, organisations and sporting communities.

And their value continues beyond the live sessions. The **webinars are now available on our online Resource Hub** as an ongoing resource for coaches, administrators, volunteers, leaders and anyone involved in sport.

SIX CONVERSATIONS. A WEALTH OF IDEAS.

01

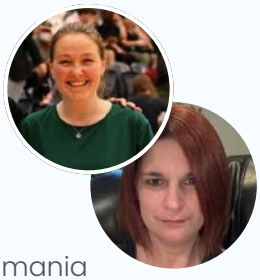
The Leadership Edge: Fearless, Authentic & Visionary



Christine Finnegan

02

Beyond Competition: Successful Social Strategies That Keep Girls in Sport



:
Lara Scholz, Basketball Tasmania
Pixie, She Shreds

03

Listening, Leading & Advocating: Male Leadership in Women and Girls' Sport



Ben Smith, CEO Hockey SA
Damian Smith, CEO Hockey Tasmania

04

Reflections on Leadership: From Olympian to Coach to Changemaker



Liz Jack OLY

05

Pelvic Health in High-Impact Sports: Prevention, Performance and Practical Support



Hannah, The Pelvic Studio

06

Driving Change: Inclusive Leadership in Action



Elyse Villani

Celebrating IWD 2026
Inspiring 300 students

In March 2026, **WSRT's International Women's Day School Girls Brunch** headed south to Hobart, following the successful return of the event in Devonport in 2025 after a break during the COVID years.

Held at Ninja Stadium, the event brought together 300 students from Years 7–12, along with teachers and guests, for a morning packed with inspiration, honest conversations and plenty of fun.

Students came from schools across southern Tasmania, with some travelling from as far as the Tasman Peninsula to take part.

WSRT Deputy Chair Sarah Gilman led a lively panel conversation with Hobart Hurricanes and Tasmanian Tigers cricketer **Lauren Smith;** elite rock climber, coach and Rock It Climbing owner **Roxy Perry;** former professional basketballer and Tasmania Jewels Assistant General Manager **Kayla Steindl;** and Tasmania Wild Netballer, also Lutruwita/Tasmanian representative in U17 and U19 **Abby Geappen**.

Together, they shared the highs and challenges of their sporting journeys, the lessons they have learned and the opportunities sport has created – from friendships and confidence to careers, leadership and wellbeing.





Importantly, the event was completely free for students and schools, made possible through the generous support of our sponsors and partners. Our aim was simple: for every girl in the room to leave with at least one new idea, possibility or spark of inspiration for her own future.

As opportunities for women and girls in Tasmanian sport continue to grow, WSRT is proud to help connect the next generation with the women who are already showing what is possible.



MAJOR SPONSOR st.lukes

SUPPORTING SPONSORS

UNIVERSITY of TASMANIA

Rotary Club of Hobart

Brighton Council

NINJA STADIUM

Tasmanian Government

Connect. Collaborate. Share. Lead.

Building a strong community of practice is an important part of supporting women in sports leadership. Creating opportunities to connect strengthens networks, encourages collaboration and provides space to share knowledge, experiences and ideas.

During 2025–26, WSRT hosted two networking events bringing together women from across Tasmania's sporting community.

LONG TABLE LUNCH WITH ARIARNE TITMUS, OLY

In partnership with the Australian of the Year Awards (Tasmania), WSRT hosted a special Long Table Lunch with Olympic champion and 2026 Tasmania Young Australian of the Year, Ariarne Titmus.

Following lunch at Mures, WSRT Chair Jo Bailey led a conversation with Ariarne about her remarkable journey and experiences, before opening the floor for questions.

It was a unique opportunity to hear from one of Australia's greatest swimmers in such an intimate setting, and we thank the Australian of the Year team for partnering with WSRT on this memorable event.



Australian of the Year Awards
Reflect. Respect. Celebrate.

In partnership with Womensport & Recreation Tasmania Inc



WOMEN IN SPORT LEADERSHIP NETWORKING

In December, more than 50 women and supporters of women's sport came together at Sisterhood in Sandy Bay for our end-of-year Women in Sport Leadership Networking event.

Informal by design, the evening provided plenty of time to reconnect, make new connections and share experiences across sports, organisations and roles.

It was a fitting way to wrap up the year and celebrate the growing community creating more opportunities for women and girls in sport across Tasmania.



Get Active Program

Changing lives through community connections & activity

For more than **21 years**, the Get Active Program (GAP) has been helping Tasmanians become more active, improve their health and wellbeing, try new things and build stronger connections within their communities.



Delivered by WSRT and supported by **Public Health Services within Tasmania's Department of Health**, GAP is particularly focused on reaching communities where there are greater barriers to participating in physical activity. Programs are delivered in communities across Tasmania, with a strong emphasis on areas experiencing greater socio-economic disadvantage.

And after more than two decades, GAP continues to demonstrate that a relatively simple model can make a very real difference to people's lives.

A STRONG YEAR FOR GAP

During 2025-26, GAP continued to reach communities across Tasmania and deliver strong results:

- **20 Get Active Programs delivered** – meeting our Department of Health target
- **14 participants per program** on average – well above the target of eight
- **65% of participants** (100 of 153) from areas of greater socio-economic disadvantage, based on SEIFA rankings
- Programs delivered in communities across the state, from Smithton and Burnie to the Huon and Derwent Valleys
- **88% of participants surveyed reported an increase in physical activity and/or health and wellbeing**

But the numbers tell only part of the story. Participants reported exercising more, trying new activities, sleeping better, making healthier choices and building new social connections.

> ***"... has helped me get motivated and try new things. Sleeping better. New connections. I am now participating in other programs ... and playing pickleball & walking."***

ONGOING IMPACT & BENEFITS

GAP is designed to do more than get people moving for the duration of a program. We want participants to discover activities, places, information and connections that can become part of their lives well after their GAP finishes.

Our longer-term evaluation provides encouraging evidence that this is happening. People who participated in GAP during 2024 and 2025 were invited to tell us about their physical activity, health and wellbeing **six to 19 months after completing the program.**

94%
said they had increased their physical activity and were now making healthier food and drink choices.

100%
reported an increase in their health and wellbeing.

100%
had continued going to places or activities they first tried through GAP.

100%
said being part of GAP had helped them feel more connected to their community.

These results reinforce something we have seen throughout GAP's long history:
physical activity can be the starting point, but the benefits extend much further.





After more than 21 years, communities, lifestyles and the way we think about health and physical activity have changed significantly. GAP has evolved too. But its underlying purpose remains as relevant as ever: **making it easier for Tasmanians to take that first step towards being more active, healthier and more connected.**

And sometimes, that first step really can change a life.





womensport & Recreation Tasmania

Financial Report 2025-2026

Womensport Recreation Tasmania Inc

A.B.N 15 568 068 790

FINANCIAL REPORT

30 June 2026

Auditors Report
Statement by Members of the Committee
Profit and Loss Statement
Balance Sheet
Notes to and Forming Part of the Financial Report

Michael J Müller
CHARTERED ACCOUNTANT
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Email: michael@mmuller.com.au
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WOMENSPORT RECREATION TASMANIA INC
ABN 15 568 068 790

INDEPENDENT AUDIT REPORT

Auditor's Opinion

I have audited the accompanying special purpose financial report of Womensport Recreation Tasmania Inc, being the Statement by Members of the Committee, the Income and Expenditure Statement, the Balance Sheet, and the Notes to the Financial Statements for the year ended 30 June 2026.

In my opinion, except for the effects of the matter described in the Basis for Qualified Opinion paragraph, the financial report of Womensport Recreation Tasmania Inc is properly drawn up in accordance with the Associations Incorporations Act (1964), including:

i) giving a true and fair view of the Association's financial position as at 30 June 2026 and of its performance for the year ended on that date in accordance with the accounting policies described in Note 1; and

ii) complying with Accounting Standards in Australia to the extent described in Note 1 to the financial report.

Basis for Qualified Opinion

As is common for organisations of this type, it is not practicable for Womensport Recreation Tasmania Inc to maintain an effective system of internal control over donations, fee income and other fundraising activities until their initial entry in the accounting records. Accordingly, my audit was limited to amounts recorded in the financial accounts.

My audit was conducted in accordance with the Australian Auditing Standards. My responsibilities under those standards are detailed further in the Auditor's Responsibility section of my report.

In conducting my audit, I have complied with the independence requirements of the Australian professional ethical pronouncements. I am independent of the Entity in accordance with the ethical requirements of the Accounting Professional and Ethical Standards Board's APES 110 Code of Ethics for Professional Accountants (the Code) that are relevant to my audit of the financial report in Australia. I have also fulfilled my other ethical responsibilities in accordance with the Code.

I believe that the audit evidence I have obtained is sufficient and appropriate to provide a basis for my audit opinion.

Emphasis of Matter – Basis of Accounting

The financial report has been prepared to assist Womensport Recreation Tasmania Inc to meet the requirements of the Associations Incorporations Act (1964) as described in Note 1 to the Financial Statements. As a result, the financial report may not be suitable for another purpose. My opinion is not modified in respect of this matter.

Committee's Responsibility for the Financial Report

The Committee of the Association are responsible for the preparation and presentation of the financial report and the information contained therein. The Committee have determined that the accounting policies used and described in Note 1 to the Financial Statements, which form part of the financial report, are consistent with the financial reporting requirements of the Associations Incorporations Act (1964), are appropriate to meet the requirements of the Association's Constitution and are appropriate to meet the needs of the Members.

The Committee's responsibilities also include establishing and maintaining internal control relevant to the preparation and fair presentation of the financial report that is free from material misstatement, whether due to fraud or error; selecting and applying appropriate accounting policies; and making accounting estimates that are reasonable in the circumstances.

In preparing the financial report, the Committee is responsible for assessing the Entity's ability to continue as a going concern, disclosing, as applicable, matters relating to going concern, and using the going concern basis of accounting unless the Committee either intends to liquidate the Entity or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the Entity's financial reporting process.

Auditor's Responsibility

My responsibility is to express an opinion on the financial report based on my audit. My objectives are to obtain reasonable assurance about whether the financial report as a whole is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes my opinion. No opinion is expressed as to whether the accounting policies used, as described in Note 1, are appropriate to meet the needs of the members. Reasonable assurance is a high level of assurance, but is not a guarantee than an audit conducted in accordance with the Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud and error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of this financial report.

Auditor's Responsibility continued

As part of an audit in accordance with the Australian Auditing Standards, I exercise professional judgement and maintain professional scepticism throughout the audit. I also:

- Identify and assess the risks of material misstatement of the financial report, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for my opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.

- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Entity's internal control.

- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.

- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Entity's ability to continue as a going concern. If I conclude that a material uncertainty exists, I am required to draw attention in my auditor's report to the related disclosures in the financial report or, if such disclosures are inadequate, to modify my opinion. My conclusion is based on the audit evidence obtained up to date of my auditor's report. However, future events or conditions may cause the entity to cease to continue as a going concern.

- Evaluate the overall presentation, structure, and content of the financial report, including the disclosures, and whether the financial reports represent the underlying transactions and events in a manner that achieved fair presentation.

I also communicate with the Committee and those charged with governance regarding, among other matters, the planned scope and timing of the audit, any significant audit findings, including any significant deficiencies in internal control that I identify during my audit.

I also provide the Committee with a statement that I have complied with relevant ethical requirements regarding independence, and to communicate with them all relationships and other matters that may reasonably be thought to bear on my independence, and where applicable, actions taken to eliminate threats or safeguards applied.

Auditor's Responsibility continued

From the matters communicated with the Committee, I determine those matters that were of most significance in the audit of the financial report of the current period and are therefore the key audit matters. I describe these matters in my auditor's report unless law or regulation precludes public disclosure about the matter or when, in extremely rare circumstances, I determine that a matter should not be communicated in my report because the adverse consequences of doing so would reasonably be expected to outweigh the public interest benefits of such communication.



Michael J Müller
Chartered Accountant

Dated at Hobart this twenty-seventh day of October 2026

STATEMENT BY MEMBERS OF THE COMMITTEE

In the opinion of the Committee, the accompanying financial statements, being the Income Statement, the Balance Sheet, and the Notes to and forming part of the accounts, for the year ended 30 June 2026:

1. Present fairly the financial position of Womensport Recreation Tasmania Inc. as at 30 June 2026 and the results of the Committee for the year ended on that date.

2. At the date of this statement, there are reasonable grounds to believe that Womensport Recreation Tasmania Inc. will be able to pay its debts as and when they fall due.

This statement is made in accordance with a resolution of the Committee and is signed for and on behalf of the Committee by:

President..... Jo Bailey .....

Treasurer.....

Signed at Hobart, Tas this 30 day of October 2026.

Womensport Recreation Tasmania Inc
ABN 15 568 068 790

Income and Expenditure Statement
July 2025 To June 2026

Womensport

Income				
Donations	$	1,170.00		
Events Income	$	9,660.24		
Interest Income	$	794.54		
Management Fees	$	5,280.00		
Membership Dues	$	890.76		
Total Income	$	17,795.54		
Expenses				
Advertising	$	162.79		
Auditor	$	96.22		
Bank Fees	$	5.81		
Board Expenses	$	5,900.93		
Bookkeeping	$	157.50		
Dues & Subscriptions	$	360.62		
Events	$	10,615.60		
Marketing & Promotion	$	550.00		
Office Supplies	$	68.17		
Sponsorships/Partnerships	$	5,250.00		
Web Hosting/Development	$	1,025.54		
Total Expenses	$	24,193.18		
Net Surplus/(Deficit) for the year			($	6,397.64)

Active Tasmania

Grant Received	$	35,000.00		
Expenses				
Events	$	1,474.10		
Marketing & Promotions	$	418.00		
Office Expenses	$	1,620.20		
Wages	$	24,939.00		
Superannuation	$	2,992.68		
Total Expenses	$	31,443.98		
Net Surplus/(Deficit) for the year			$	3,556.02

The accompanying notes form part of these financial statements

Womensport Recreation Tasmania Inc
ABN 15 568 068 790

Income and Expenditure Statement
July 2025 To June 2026

Get Active Program

Income				
Grant Received	$	105,602.20		
Training Fees	$	30.00		
Total Income	$	105,632.20		
Expenses				
Annual Leave Provision	$	7,242.36		
Auditor	$	1,828.18		
Bank Fees	-$	143.45		
Board Expenses	$	216.40		
Bookkeeping	$	2,992.50		
Dues & Subscriptions	$	1,635.96		
Facilitator Training	$	43.84		
Insurance	$	2,379.00		
Long Service Leave Provision	$	795.20		
Management Fee	$	5,280.00		
Marketing & Promotion	$	129.77		
Materials & Resources	$	420.00		
Miscellaneous Expense	$	61.97		
Office General Expenses	$	125.52		
Program Delivery	$	19,188.36		
Superannuation	$	5,471.67		
Telephone	$	300.00		
Travel Expenses	$	482.13		
Uniform	$	195.50		
Wages	$	45,597.60		
Web Hosting/Development	$	1,306.78		
Total Expenses	$	95,549.29		
Net Surplus/(Deficit) for the year			$	10,082.91
Overall Surplus/(Deficit) for the year			$	7,241.29

The accompanying notes form part of these financial statements

Womensport Recreation Tasmania Inc
ABN 15 568 068 790

Balance Sheet
As at 30 June 2026

Assets				
Cash at Bank	$	98,282.99		
Petty Cash	$	24.35		
Cash Management Account	$	21,849.86		
Trade and Sundry Debtors	$	346.00		
Total Assets			$	120,503.20
Liabilities				
Credit Card	$	180.00		
Annual Leave Provision	$	17,052.31		
Long Service Leave Provision	$	10,550.65		
PAYG W Payable	$	4,472.00		
Superannuation Liability	$	1,262.73		
Total Liabilities			$	33,517.69
Net Assets			$	86,985.51
Equity				
Opening Balance	$	79,744.22		
Current Year Earnings	$	7,241.29		
Total Equity			$	86,985.51

The accompanying notes form part of these financial statements

WOMENSPORT RECREATION TASMANIA INC

NOTES TO AND FORMING PART OF THE ACCOUNTS
FOR THE YEAR ENDED 30 JUNE 2026

NOTE 1: STATEMENT OF SIGNIFICANT ACCOUNTING POLICIES

These financial statements are a special purpose financial report prepared in order to satisfy the financial reporting requirements of the Associations Incorporation Act (1964). The committee has determined that the association is not a reporting entity.

No Australian Accounting Standards or other mandatory professional reporting requirements have been applied in the preparation of this financial report.

The statements are prepared on an accrual basis. They are based on historic costs and do not take into account changing money values, or except where specifically stated, current valuations of non-current assets.

The following specific accounting policies, which are consistent with the previous period unless otherwise stated, have been adopted in the preparation of these financial statements.



WSRT Annual Report & Financial Report | 2025-2026

www.wsrt.org.au